



**HUNTINGDONSHIRE
CHILD AND FAMILY CENTRE**



WHAT'S ON

July 2026



Welcome to our Child & Family Centres

We aim to provide families of all abilities, identities and cultures with the support and information they need, and to ensure our centres and zones are friendly and welcoming places for all.

Good news - from the 1st May 2026 Child and Family Centre groups will be free of charge, for all families.



**FAMILY
HUBS**



Things you need to know...

Booking

Booking is essential for some sessions and spaces are limited. Please call the numbers advertised below or contact us by email ChildAndFamilyCentre.Hunts@cambridgeshire.gov.uk or on Facebook.

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

Addresses

St Neots Child and Family Centre, Eaton Socon Site, Bushmead Road, Eaton Socon, St Neots PE19 8BT	St Neots Child and Family Centre, Eynesbury Site Winhills Primary Academy, Off Duck Lane, St. Neots PE19 2DX
Sawtry Child and Family Zone at Sawtry Community Centre, Green End Road, Sawtry PE28 5UX	Ramsey Child and Family Zone at Ramsey Library, 25 Great Whyte, Ramsey PE26 1HG
Huntingdon Child and Family Centre, Huntingdon Youth, Child & Family Centre Site, Sallowbush Road, Huntingdon PE29 7AF	Huntingdon Child and Family Centre, Huntingdon Nursery School Site, Ambury Road, Huntingdon PE29 1AD
St Ives Child and Family Zone at Broad Leas Centre, St Ives PE27 5QB	

In July we will be thinking about

South Asian Heritage Month



Unity in Diversity



South Asian Heritage month is a nationally observed programme bringing communities, institutions and individuals together to explore, celebrate and deepen understanding of South Asian heritage across the UK and beyond

Monday				
English for Adults 9am to 11am	6 July	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Stay and Play 9.15am to 10.45am	6, 13 July	A fun play session for children aged 0 to 5 years. No booking required.		Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Tiniest Feet 10am to 11.30am	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B	Sawtry Child and Family Zone
Sensory Tots 10am to 11.30am	13, 20, 27 July	A play session for little ones from birth to 2 years. To book a space please call 01480 372700.	B	Eaton Socon Child and Family Centre
Stay and Play 10am to 11.30am	13, 20, 27 July	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B	Buckden Village Hall Burberry Rd Buckden PE19 5UY

B = Booking Required

Monday continued				
Sensory Babies 10am to 11.30am	13, 20, 27 July	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre
Self-Weigh 10am to 12.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Huntingdon Youth, Child and Family Centre
English for Adults 1pm to 3pm	6 July	Join our fun, friendly and relaxed English for Adults course in collaboration with Cambridgeshire Skills. Free crèche spaces are available for the course. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Stay and Play 1.30pm to 3pm	13,20 July	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre
Introducing Family Foods Workshop 1.30pm to 2.30pm	20 July	A workshop to find out more about how to introduce your baby to your family foods. To book a space please call 01480 372700.	B	Eaton Socon Child and Family Centre

B = Booking Required

Monday continued				
Sensory SEND Stay and Play 1.30pm to 3pm	27 July	A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre
Pop Up After School Arts 3.15pm to 4.30pm	13 July	A fun after-school art group exploring creativity through crafts, loose parts play, and sensory activities. Each session encourages imagination, exploration, and confidence as children experiment with a variety of textures and materials. Suitable for children aged 2 to 8 years.	B	Eaton Socon Child and Family Centre

Tuesday				
Maths for Adults 9am to 11am	7 July	Join our fun, friendly and relaxed Maths for Adults course, in collaboration with Cambridgeshire Skills. Free crèche spaces are available. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Drop-In Child Health Clinic 9.30am to 11.15am	Weekly	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years. No booking required.		St Ives Child and Family Zone
Stay and Play Little Bears 10am to 11.30am	14, 21, 28 July	An all-round stay and play session with messy play, small world play, construction, and crafts. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B	Judith's Field Pavilion London Road Godmanchester PE29 2WB
Tiniest Feet 10am to 11.30am	14, 21, 28 July	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B	Ramsey Child and Family Zone
Storytime 10am to 11am	7, 21, 28 July	Join us for a fun and interactive Storytime session in the library. Suitable for children aged 0 to 5 years. No booking required.		Coneygear Centre Butts Grove Way Huntingdon PE29 1PE

B = Booking Required

Tuesday continued				
Multiple Births 10am to 11.30am	14 July	A stay and play session for families with twins, triplets or more. Suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B	Eaton Socon Child and Family Centre
Self-Weigh 11.30am to 2.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Ramsey Child and Family Zone
Selective Eating Online Workshop 12noon to 1.15pm	7 July	Delivered by Beezee Families Nutritionists, this workshop will provide an overview of the different factors that can contribute to selective eating in children and will provide simple, manageable strategies that can support positive mealtime experiences.	B	 https://events.teams.microsoft.com/event/6eff2758-cfbd-4818-82ad-95f8a5b0de97@5074b8cc-1608-4b41-aafd-2662dd5f9bfb
Drop-In Child Health Clinic 1pm to 2.30pm	7, 21 July	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years. No booking required.		Queens Park Hall Daimler Avenue Yaxley PE7 3LX
Stay and Play: 50 Things 1.30pm to 3pm 	14, 21, 28 July	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700.	B	Eaton Socon Child and Family Centre

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Tuesday continued				
Young Parents Group 1.30pm to 3pm	Weekly	A group for parents and expectant parents aged 22 or under, with children aged 0 to 5 years. Come and join these free, informal sessions to play and chat about preparing for baby, birth and caring for yourself and your little one. No booking required.		St Ives Child and Family Zone

Wednesday				
SENDSory Foundations 9.15am to 10.45am	1, 8, 15 July	A play session designed for pre-school children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome . The Nursery SENCO will be available for parents. Please note there is no session on the last Wednesday of every month. To book a space please call 01480 375216.	B	Huntingdon Nursery School Site Ambury Road Huntingdon PE29 1AD
Stay and Play 10am to 11.30am	15, 22, 29 July	A stay and play session suitable for children aged 0 to 5 years. As part of the National Year of Reading, we will dedicate time in one session each month to focus on a selected book. This initiative aims to celebrate reading and encourage a shared love of books across our community. To book a space please call 01480 372700.	B	Eaton Socon Child and Family Centre
Stay and Play: 50 Things 10am to 11.30am 	22 July	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre

Wednesday continued				
Drop-In Child Health Clinic 11am to 12 noon	Weekly	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years. No booking required.		Sawtry Child and Family Zone
Self-Weigh 11am to 1.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Sawtry Child and Family Zone
Tiniest Feet 12.30pm to 2pm	Weekly	Fun filled sessions for pre-mobile babies, which help children to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B	St Ives Child and Family Zone
Sensory Babies 1.30pm to 3pm	1, 15, 22, 29 July	Fun filled sensory sessions for pre-mobile babies, which help to develop and improve their motor skills, co-ordination, and concentration. Parents-to-be welcome. Includes self-weigh facilities for babies over 6 weeks. To book a space please call 01480 372700.	B	Eaton Socon Child and Family Centre
Stay and Play 1.45pm to 3pm	1, 15 July	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B	Wyton Primary School Cambridge Square Wyton on the Hill PE28 2JB

B = Booking Required

Thursday				
Introducing Family Foods Workshop 9.45am to 10.45am		A workshop to find out more about how to introduce your baby to your family foods. 9 July – Huntingdon Youth, Child and Family Centre 23 July – Ramsey Child and Family Zone To book a space please call 01480 372700.	B	Various locations - <i>please see description</i>
Sensory Tots 10am to 11.30am	Weekly	A play session for little ones up to the age of 2 years, running alongside the drop-in child health clinic. To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre
Stay and Play 10am to 11.30am	Weekly	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B	St Ives Child and Family Zone
Drop-In Child Health Clinic 10am to 11.30am	Weekly	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years. No booking required.		Huntingdon Youth, Child and Family Centre
Peep Group 10am to 11.30am	2, 9, 23, 30 July	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for babies from birth to 18 months. To book a space please call 01480 375216.	B	Christian Centre Nene Road Huntingdon PE29 1RE

B = Booking Required

Thursday continued				
Little Explorers 10am to 11.30am	2, 16, 23, 30 July	A stay and play session for children to have fun exploring the world about them. Suitable for children aged 0 to 5 years. As part of the National Year of Reading, we will dedicate time in one session each month to focus on a selected book. This initiative aims to celebrate reading and encourage a shared love of books across our community. To book a space please call 01480 372700.	B	Eaton Socon Child and Family Centre
Infant Feeding Drop-In 10am to 11.30am	2, 16, 30 July	A fortnightly infant feeding support group provided by NCT Birth, Feeding and You. Offering breastfeeding and infant feeding support and information. Families at all stages of parenthood including expectant parents are welcome. No booking required.		Huntingdon Youth, Child and Family Centre
Self-Weigh 10.30am to 12.30pm	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		St Ives Child and Family Zone
Self-Weigh 9.30am to 12 noon	2, 9, 16, 30 July	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eynesbury Child and Family Centre
Peep Group 1pm to 2.30pm	2, 9, 23, 30 July	A fun interactive session which supports parents and children to learn together through singing, games and crafts. Suitable for children aged 18 months to 3 years. To book a space please call 01480 375216.	B	Christian Centre Nene Road Huntingdon PE29 1RE

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Thursday continued				
Selective Eating Online Workshop 6pm to 7.15pm	2 July	Delivered by Beezee Families Nutritionists, this workshop will provide an overview of the different factors that can contribute to selective eating in children and will provide simple, manageable strategies that can support positive mealtime experiences.	B	 https://events.teams.microsoft.com/event/1c1e7409-ed6-4f70-9f8c-144f75529899@5074b8cc-1608-4b41-aafd-2662dd5f9bfb

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Friday				
Self-Weigh 9.30am to 12 noon	Weekly	Self-weigh for babies and children aged 6 weeks up to 5 years. No booking required.		Eaton Socon Child and Family Centre
Breastfeeding Drop-In 10am to 11am	3, 10, 31 July	A breastfeeding drop-in, delivered by the Infant Feeding Team, for pregnant and breastfeeding families, offering advice and support around feeding. No booking required.		Eaton Socon Child and Family Centre
Four to Explore 10am to 11.30am	Weekly	Different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. 3 July – Mini Beasts 10 July – Exploring Colour 17 July – Summer 24 July – Splish, Splash, Splosh 31 July – Transport To book a space please call 01480 372700.	B	Sawtry Child and Family Zone
Four to Explore 10am to 11.30am	Weekly	A group with different play themes each month for exploring health, nature, and the working world around us. Suitable for children aged 0 to 5 years. 3 July – Storyplay 10 July – Let's Get Physical 17 July – Little Builders 24 July – Let's Get Messy 31 July – Let's Visit the Zoo To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre

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Friday continued				
More to Explore 10am to 11.30am	17, 31 July	A stay and play session suitable for children aged 0 to 5 years. To book a space please call 01480 372700.	B	Eaton Socon Child and Family Centre
Drop-In Child Health Clinic 10.15am to 12.15pm	10, 24 July	Drop-in weighing clinic facilitated by Health Visitors for babies and children aged 0-5 years. No booking required.		Ramsey Library 25 Great Whyte Ramsey PE26 1HG
Toilet Training Workshop 1pm to 2pm	10 July	An informal workshop that will help you to take the stress out of toilet training and provide imaginative tips and practical advice to try at home To book a space please call 01480 372700.	B	Huntingdon Youth, Child and Family Centre
Five to Thrive Friday 	Weekly	‘The things you do every day, that help your child’s growing brain’. We will be sharing activity ideas to help you use Five to Thrive in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!		Facebook post:  

B = Booking Required

**BEST
START
N LIFE**

**FAMILY
HUBS**

Cambridgeshire
**Child and Family
Centres**



Self-weigh Sessions

**Huntingdon Youth
Child and Family Centre**

Sallowbush Road, PE29 7AF

Monday

10am to 12.30pm

**Eynesbury
Child and Family Centre**

Winhills School, St Neots PE19 2DX

Thursday

9.30am to 12 noon

**Ramsey
Child and Family Zone**

Ramsey Library, PE26 1HG

Tuesday

11.30am to 2.30pm

**St Ives
Child and Family Zone**

Broad Leas Centre, Norris Road

PE27 5QB

Thursday

10.30am to 12.30pm

**Sawtry
Child and Family Zone**

*Sawtry Community Centre,
PE28 5UX*

Wednesday

11am to 1.30pm

**Eaton Socon
Child and Family Centre**

*Bushmead School, St Neots
PE19 8BT*

Friday

9.30am to 12 noon

Babies must be 6 weeks or over and children under 5 years

No need to book - for more information, call: 01480 372700

B = Booking Required

Beezee
FAMILIES



Sign up to our FREE workshop

How to support your child's selective eating

Date:

Thursday 2nd July 2026

Time:

6pm - 7.15pm

Join our Beezee Families team and parents/carers for a FREE selective eating workshop. Led by our nutritionists, you can:

- Discover the reasons behind selective eating
- Join an informal, inclusive and non-judgemental workshop
- Find out top tips for changing habits
- Take away simple, practical strategies for your family

This workshop is suitable for parents/carers who are concerned about their child (4-12 years) and want support.

Secure your FREE spot today



Please click here to access the workshop link



healthyyou@maximusuk.co.uk



0300 330 5497



Cambridgeshire
County Council

PETERBOROUGH
CITY COUNCIL

25-6157

B = Booking Required

Beezee
FAMILIES



Sign up to our FREE workshop

How to support your child's selective eating

Date:

Tuesday 7th July 2026

Time:

12pm - 1.15pm

Join our Beezee Families team and parents/carers for a FREE selective eating workshop. Led by our nutritionists, you can:

- Discover the reasons behind selective eating
- Join an informal, inclusive and non-judgemental workshop
- Find out top tips for changing habits
- Take away simple, practical strategies for your family

This workshop is suitable for parents/carers who are concerned about their child (4-12 years) and want support.

Secure your FREE spot today



Please click here to access the workshop link



healthyyou@maximusuk.co.uk



0300 330 5497



Cambridgeshire
County Council

PETERBOROUGH
CITY COUNCIL

25-6157

B = Booking Required

 Bookstart BookTrust	We offer our Bookstart programme to those families whose children may need support developing their communication skills. If you are interested, please contact childandfamilycentre.hunts@cambridgeshire.gov.uk for a chat with one of our staff.
	50 Things To Do Before You're Five seeks to help every child reach important health, learning, and wellbeing milestones.' We will be sharing activity ideas from the 50 Things To Do Before You're Five app you can use in your everyday routine with your children. The ideas are very simple and require low or no cost. Download the free 50 Things To Do Before You're Five app for a menu of exciting activities for families with young children.
	Five to Thrive 'The things you do every day that help your child's growing brain'. We will be sharing activity ideas to help you use <i>Five to Thrive</i> in your everyday routine with your baby. The ideas are very simple and can be recreated using items you probably already have around the house!
Breastfeeding Support	Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding
Are you concerned about the safety of a child?	If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.
Support for Young People	Keep Your Head: A new young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com



Our Opening Times

Eynesbury Site	Eaton Socon Site	
<i>Thursday 9.30am to 12.30pm</i>	<i>Monday 9.30am to 4pm Tuesday 1pm to 4pm Wednesday 9.30am to 4pm Thursday 9.30am to 1pm Friday 9.30am to 2.30pm</i>	
Sawtry Zone	Ramsey Zone	
<i>Monday, Wednesday and Friday 9.30am to 2.30pm</i>	<i>Tuesday 10am to 2.30pm</i>	
Huntingdon Nursery Site	Huntingdon Youth Centre Site	St Ives Zone
<i>Monday to Friday 8.45am to 3.30pm term time Mondays and Wednesdays 9am to 12 noon during school holidays</i>	<i>Monday 9.30am to 4pm Tuesday 9.30am to 12 noon Thursday 9.30am to 1pm Friday 9.30am to 2.30pm</i>	<i>Tuesday and Wednesday 9.30am to 2.30pm Thursday 9.30am to 1pm</i>

Contact Us

Get In Touch		
St Neots Child and Family Centre Eaton Socon Site 01480 372700	St Neots Child and Family Centre Eynesbury Site 01480 372700	
Sawtry Child and Family Zone 01480 372700	Ramsey Child and Family Zone 01480 372700	
Huntingdon Child and Family Centre Huntingdon Nursery Site 01480 375216	Huntingdon Child and Family Centre Huntingdon Youth Child and Family Centre Site 01480 372700	
St Ives Child and Family Zone 01480 372700		
Email us: childandfamilycentre.hunts@cambridgeshire.gov.uk		

If you would like to be kept up to date about our activities by email, please ask to join our mailing list.



Follow us on Instagram -
[@childandfamilycentres.hunts](https://www.instagram.com/childandfamilycentres.hunts)



'Like' our Facebook page -
Huntingdonshire Child and Family Centres



Find us on YouTube -
Cambridgeshire Child and Family Centres



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